

Saturday 10/21/23 Quarterly Intersangha Meeting 10:30 AM - 12:30 PM

Purpose: Quarterly meeting

Format: Agenda, check-in and status reports by meeting secretaries/proxies, old business and new business for discussion and/or voting

Present: Heather (Chair), Ezra (Secretary), Bryan (Website & Chair Support), Michael (Wise Friends), Anna (Communication & Co-Treasurer), Scott (Treasury Support)

Meetings: Every 3 months

Introductions / Officer Role Call

Meditation

Census to Establish Quorum

Voting: [5 out of 16 listed meetings to establish quorum for voting]

1. Sun 10:00 AM - Queer Paths (ONLINE) - (Andrine)
2. Sun 1:00 PM - Exploring Recovery from Disordered Eating (ONLINE) - (Michael)
3. Sun 4:00 PM - Middle Way on MLK (IN-PERSON) - (Robin)
4. Mon 7:00 AM - Dawn Metta (ONLINE) - (Duane)
5. Mon 6:30 PM - Awakening Minds - RD Mental Health (ONLINE) - (Ezra)
6. Mon 7:00 PM - Dharma Rain (ONLINE) - (Bryan)
7. Tue 7:30 PM- Mindful Men's Candlelight Meeting - Yoga Punx PDX - (IN PERSON) - (Jeremy)
8. Tue 8:00 PM - Men's Candlelight Meeting (ONLINE) - (Kevin)
9. Wed 6:00 PM- RD Academy: Ethics & The Precepts - (ONLINE) - (Eleanor)
10. Fri 2:00 PM - Chronic Pains and Conditions (Affinity Meeting) (ONLINE) - (Byron)
11. Sat 9:00 AM - Metta-Morphosis (ONLINE) - (Scott)
12. Sat 11:30 AM - Women, Trans, and Non-Binary In-Person Sangha (Anna)
13. Sat 7:00 PM - Virtual Sandwich (ONLINE) - (Christine)
14. Sat 7:00 PM- Compassionate Professionals (CLOSED MEETING) (ONLINE) - (Jeremy)

Non-voting - Hiatus:

1. Wed 7:00 PM- Rising From The Rubble (IN-PERSON)
2. Fri 5:15 PM- Queerly Beloved (HYBRID)
3. Fri 9:00 PM - Moonlight Meditation (ONLINE)

Absent Q4 2023 (A Q4 Absence Influences Quorum Count):

1. Sun 5:00 PM- Soft Landing - 4D Recovery Center Clackamas (IN PERSON) - (Jacques)
2. Sat 2:00 PM- Rising From The Rubble 2 (IN-PERSON)- (Adam)

Absent Q3 & Q4 2023 (A Q3 & Q4 Absence Does Not Influence Quorum Count):

1. Mon 5:30 PM - Three Jewels Recovery Dharma Meditation - (Zach H)
2. Wed 7:00 PM - Kaiser Sunnyside - (ONLINE) - (Dawn)
3. Thu 12:00 PM - Alano Meeting - (IN-PERSON) - (Tom)
4. Thu 7:00 PM- Blackburn Recovery Center- (IN PERSON)- (Mistie)
5. Fri 6:00 PM - Forest Grove Recovery Club (IN-PERSON) - (JB)
6. Sat 7:00 PM - Meditation Sandwich (IN-PERSON) - (Gordon)
7. Sat 9:00 PM - Disco Dharma - (ONLINE) - (Chan)

Non-voting - Inquiry Circle and Support: Open Call for Support

Sangha Check-In and Status Reports (Secretaries/Proxies)

- Sun 10:00 AM - Queer Paths (ONLINE) - (Andrine)
 - Healthy, plenty of facilitators.
 - Between 8 and 15 people per week.
- Sun 1:00 PM - Exploring Recovery from Disordered Eating (ONLINE) - (Michael)
 - Extremely healthy. Lots of volunteers.
 - Last week there were 29 people.
 - People in the group have been reaching out about starting inquiry groups.
- Sun 4:00 PM - Middle Way on MLK (IN-PERSON) - (Robin)
 - Healthy. Robin has been facilitating by herself for about a year. There is now a co-facilitator.
 - Attendance varies a lot. There's not a solid core. People drift in and out. Need more facilitators.
 - Need 10 copies of the new book.
- Mon 7:00 AM - Dawn Metta (ONLINE) - (Duane)
 - Healthy. Two regular facilitators. One other helping.
 - Stable core of about 5 people, and others who drift in and out.
 - Lots of new people to RD and recovery.
 - Between 8-12 people in attendance.
- Mon 6:30 PM - Awakening Minds - RD Mental Health (ONLINE) - (Ezra)
 - Healthy and growing. Two dedicated facilitators and two backups.
 - Working to figure out solutions for handling zoom disruptors.
 - Between 8-15 people.
- Mon 7:00 PM - Dharma Rain (ONLINE) - (Bryan)
 - Healthy crew.
 - Still just Bryan as a facilitator, but there are others who have expressed interest in meditations and co-hosting.
 - Between 7-15 people.

- Tue 7:30 PM- Mindful Men's Candlelight Meeting – Yoga Punx PDX – (IN PERSON) – (Jeremy)
 - New and healthy.
 - Rotating facilitators each week. They volunteer to read the script and bring a reading or topic.
 - Attendance is an average of 8-10 people but has varied a lot.
 - Could use books.
- Tue 8:00 PM - Men's Candlelight Meeting (ONLINE) - (Kevin)
 - Healthy.
 - New facilitator each week.
 - Average of 8-15 with a core group of 5 or so.
- Wed 6:00 PM- RD Academy: Ethics & The Precepts – (ONLINE) – (Eleanor)
 - The meeting is amazing.
 - The only issue is caring deeply about the content so giving others the option of hosting is difficult.
 - Regularly 20 people.
- Fri 2:00 PM – Chronic Pains and Conditions (Affinity Meeting) (ONLINE) – (Byron)
 - Going well. People are very grateful for the topic and community.
 - Just made the switch to PDX.
 - Goal to get more volunteers.
 - 14 people yesterday.
- Sat 9:00 AM - Metta-Morphosis (ONLINE) - (Scott)
 - Healthy.
 - Open for new volunteers each week. One for meditation and another to lead. 3 or 4 people who will always step up if needed. It seems really helpful for new people to step up.
 - Average of 9 people. Group of regulars that are consistent.
- Sat 11:30 AM - Women, Trans, and Non-Binary In-Person Sangha (Anna)
 - Meeting is going well.
 - Anna was in a position of doing everything.
 - Everything that Anna was doing has been split up between four people so others could take on more responsibility and she could get a break.
 - Volunteer meditation leaders and facilitators each week.
 - Switched from receiving books from the intersangha and selling them to help make rent. There is a stock that was received from Global.
 - Money for rent is up and down.
 - Average of 8-12 people.
 - In need of books.
- Sat 7:00 PM - Virtual Sandwich (ONLINE) - (Christine)
 - Pretty healthy. Down to two facilitators alternating weeks.

- Someone else stepped up to facilitate when both couldn't make it.
- People are interested in the format.
- Between 20-30 people.
- Sat 7:00 PM- Compassionate Professionals (CLOSED MEETING) (ONLINE) – (Jeremy)
 - Not doing very well.
 - At first it was just small and intimate.
 - The idea is to have a space for professionals not to run into clients and such. Those who want an extra layer of safety.
 - There is a fair amount of interest, but the people won't show up.
 - Now it's in Portland, but every other week it's only about 2 or 3 people.
 - Max attendance has been 6 or 7.
 - In need of help with ideas. May not continue.
 - Will work on putting together an announcement for social media.

Treasury Report (Scott):

- OnPoint - \$336.67
- PayPal - \$1806.96
- Total - \$2143.63
 - Global Donations - \$188.73
- We were cash short but did have enough to send 2 people to the summit.
- The summit cost us: \$1736.68.
- We are getting more donations than we were and are back on track.
- Next year we won't have summit travel expenses but may have expenses for the summit.
- Most of our book purchases have been going to Brookside.
- We have not purchased any of the 2nd edition books.
- We may need approval to spend a bunch of money and get everyone books.
- We raised about \$200.00 in dana from the workshop.
- Meetings have altered their scripts to include dana statements.
- If meetings are not collecting, please begin.
- Various ideas for statements and alerting folks to financial dana.
- We need a better way for people to donate when workshops happen.
- We donate a lot to Global. Should we hold off on Global donations until we figure out exactly what we need.
- Motion to suspend Global donations until we have a chance to re-evaluate prudent reserves and financial allocation in the November working group – Passed unanimously.

Committee Updates (All):

- Unity
 - Having difficulty.
 - Someone is interested in doing a sound bath.
 - People who have volunteered/expressed interest previously haven't followed through.

- Wise Friends
 - See above.
- Summit 2024
 - For anyone interested in being on the committee, there's a RDG events committee meeting every other Sunday from 2:30 – 4:30 PM.
 - Help is needed with the 2024 summit.
 - Those who have expressed interest cannot attend at the allotted day and time.
 - Suggested change of day and time:
 - Tuesday after their events committee meeting (around 6pm PT) or Monday at 3pm PT.

Open Forum/Invitation (All):

- Brookside continually to ask for an in-person meeting.
- Bybee Lakes also requests an in-person meeting.
 - Eleanor has offered to create a meeting at Bybee but couldn't do it every week. Heather has expressed some interest.
- Proposal to create a position for an outreach coordinator – Passed unanimously.

Dedication of Merit/Adjourn