

Saturday 04/15/23 Quarterly Intersangha Meeting 10:30 AM - 12:30 PM

Introductions / Officer Roll Call

Chair – Heather

Treasurer – Robin/Scott (acting)

Secretary – Stuart

Meditation

Census to Establish Quorum

Voting: [10 out of 14 listed meetings to establish quorum for voting]

1. Sun 10:00 AM - Queer Paths (ONLINE) - (Andrine)
2. Sun 1:00 PM - Exploring Recovery from Disordered Eating (ONLINE) - (Michael)
3. Sun 4:00 PM - Middle Way on MLK (IN-PERSON) - (Robin)
4. Mon 7:00 AM - Dawn Metta (ONLINE) - (Michael)
5. Mon 6:30 PM - Awakening Minds - RD Mental Health (ONLINE) - (Ted O)
6. Mon 7:00 PM - Dharma Rain (ONLINE) - (Bryan)
7. Wed 7:00 PM- Rising From The Rubble (IN-Person)- (Mistie)
8. Sat 9:00 AM - Metta-Morphosis (ONLINE) - (Darlene)
9. Sat 11:30 AM - Womens, Trans, and Non-Binary In-Person Sangha - (Anna/Heather)
10. Sat 7:00 PM - Meditation Sandwich (IN-PERSON) - (Gordon)

Non-voting - Hiatus:

1. Sun 6:30 PM - 3 Jewels: Mindful Movement
2. Mon 7:00 PM - Heart of Wisdom (IN-PERSON)
3. Wed 7:00 PM - Women, Trans, Non-Binary Meeting (ONLINE)
4. Thu 7:00 PM - Vancouver Vipassana - (ONLINE)

Absent Q4 2022 (A Q4 Absence Influences Quorum Count):

1. Mon 5:30 PM - Three Jewels Recovery Dharma Meditation
2. Tue 8:00 PM - Men's Candlelight Meeting
3. Wed 5:00 PM – RD Academy: Ethics & the Precepts
4. Wed 7:00 PM – Kaiser Sunnyside
5. Thurs 12:00 PM – Alano Meeting
6. Fri 5:15 PM – Queerly Beloved
7. Fri 6:00 PM - Forest Grove Recovery Club
8. Fri 9:00 PM – Moonlight Meditation
9. Sat 7:00 PM – Virtual Sandwich
10. Sat 9:00 PM – Disco Dharma

Sangha Check-in and Status Reports

- General health and size of meeting
 - Notable changes (e.g. online → in-person)
 - Updates or inconsistency needed on RD Global or RD PDX
 - Any support needed from the PDX Intersangha
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- Sun 10:00 AM - Queer Paths (ONLINE) - (Andrine)
 - 12-16 people regularly
 - Good core 4-5 people to lead
 - Issues with Zoom “bugs” – established protocols which Andrine posted in chat
 - Sun 1:00 PM - Exploring Recovery from Disordered Eating (ONLINE) - (Michael)
 - Super - 15-30 people
 - Inquiry circle
 - Many people stepping up
 - Good to have specific meeting for process addiction
 - Sun 4:00 PM - Middle Way on MLK (IN-PERSON) - (Robin)
 - Great, usually around 10 people. Solid core of people.
 - Possibly needs another meeting place because of mask policy
 - Mon 7:00 AM - Dawn Metta (ONLINE) - (Michael)
 - 10-15 people, solid core
 - People stepping up to facilitate
 - Mon 6:30 PM - Awakening Minds - RD Mental Health (ONLINE) - (Ted O)
 - Lots of growth
 - 12-20 people
 - Lots of security issues
 - Wise speech in the virtual parking lot – perhaps a reminder within the script
 - Mon 7:00 PM - Dharma Rain (ONLINE) - (Bryan)
 - 10-18 people, fairly consistent
 - Still no volunteers
 - Also have zoom issues
 - Wed 7:00 PM- Rising From The Rubble (IN-Person)- (Mistie)
 - Open since 3/1
 - 14-24 people average
 - Gordon helping
 - In Central City building
 - Blackburn Ctr wants to start a new meeting – looking for co-facilitator, send info to Intersangha

- Sat 9:00 AM - Metta-Morphosis (ONLINE) - (Scott)
 - Healthy, btw 9-12 people
 - Volunteers help with meditations and readings
- Sat 11:30 AM - Womens, Trans, and Non-Binary In-Person Sangha - (Heather/Robin)
 - Making rent (raised to \$30/week)
 - Regular attendance approx. 5-15 people
- Sat 7:00 PM - Meditation Sandwich (IN-PERSON) - (Gordon)
 - 12-15 people regularly
 - Co-facilitator starting soon

Treasurer Report (Scott)

- Have not gotten together with new Treasurer and Co-treasurer, yet
- On Point acct. \$2545.01
- Paypal \$392.71
- Total \$2936.72
- - \$1200 in prudent reserve
- \$1737.72
- 20% to Global RD - \$347.54
- Time to start travel arrangement to send 2 people to Global Summit
- Michael requests 10 books for Tigard Men's Residential

Nominations and Confirmation of Acting Positions

- Confirmation voting for positions.
 - Co-Chair
 - Mistie nominated and voted (unanimous)
 - Co-Treasurer
 - Anna for Co-Treasurer (unanimous)
 - Co-Secretary
 - Ezra for Co-Secretary (unanimous)
 - Communications / Co-Communication
 - Ebony for Communications (unanimous)
 - Anna for Co-Communications (unanimous)

Summit 2024

- Bryan, Robin, Kaet, possibly Eleanor
 - Kaet outlined their vast experience in event planning
- Waiting on Joel's response to do a power point on application
- Motion to allow Summit committee to decide who will attend this year's Summit

- Two people with a budget of \$1800
- Request for both virtual and in person Summit when it's in Portland

Committee Updates

- Unity
 - Good turnout from rollerskating
 - Hike planned for the future. Possible during the week.
- Wise Friends/ Safety Sangha Event
 - Planning going well.
 - Michael and Eleanor doing major presentations. Scott, Heather, Marianne and Dave on a panel. Ted is doing some readings.
 - Workshop on Inquiry Circles
 - Local teachers to teach workshops
 - Wise Friend to reach out to sanghas who have not attended monthly/quarterly meetings, to check in and see if they still are active enough to remain in Intersangha.
 - Anna has been great at getting the image up on the website.
 - Bryan sent out Google doc of survey.

New Business

- Using Zoom outside of scheduled times.
 - Bryan updated zoom links to only allow logging into Zoom within 15 minutes of meeting time.

Dedication of Merit / Adjourn