

**January 16th 2021 11:00am-1:00pm
Recovery Dharma PDX Intersangha Elections Meeting Minutes**

Agenda:

11:00-11:05 Introductions and Census to Establish Quorum (Semi, All)

- 8 out of 13 listed meetings must be represented to establish quorum for voting

Sunday	10:00 AM	Queer Paths Johntony representing
Sunday	6:15 PM	Hood River Dick representing
Sunday	6:30 PM	3 Jewels: Mindful Movement, Meditation and Sharing Jess representing
Monday	7:00 AM	Friends of the Dhamma Michael representing
Monday	7:00 PM	Dharma Rain Bryan representing
Tuesday	8:00 PM	Men's Meeting Jeremy representing
Wednesday	7:00 PM	Hood River Dick representing
Wednesday	7:00 PM	Women, Trans, Non-Binary Meeting Zanny representing
Thursday	7:00 PM	Vancouver Meeting Marcus representing

Friday	6:00 PM	Forest Grove Recovery Center
Not represented		
Saturday	9:00 AM	Kaiser Beaverton
Darlene representing		
Saturday	11:00 AM	Gorge Recovery Dharma Inquiry Meeting
Dick representing		
Saturday	7:00 PM	Meditation Sandwich
Jon representing		

- With 12 out of 13 meetings represented, we have a quorum

Other attendees:

- Semi: Current Intersangha chair
- Jess L.: Programs chair
- Hannah: Incumbent Secretary
- Gordon: Treasurer
- 16 total attendees

11:05-11:17 Meditation (Jayson)

11:18-11:40 Committee Reports (Wise Friendship, Programs, Unity, Communications)

- Wise Friendship (Michael):
 - In 2020 Wise Friendship committee has put on 4 events: February Introduction to Meditation; May Peer Support/Wise Friendship; September Working Inquiry with Groups or Mentor; December Mentorship Guidelines
 - Next mentorship workshop will be April 24th 2021, currently in planning, email Michael if you would like to be involved in planning (if you do not have Michael's email address, contact pdxintersangha@gmail.com to get in contact with him.)
- Programs (Jess):
 - In 2020 Programs had 6 events, 4 Wise Friendships events as well as an Anti-Racism event and an Attachment Repair through Meditation with George Haas from Mettagroup. Raised \$3400 from George Haas event and was able to keep \$1400 for Recovery Dharma. New model of suggested levels of Dana to cover teacher's fee. 75 total registrants, 20 of which were able to attend for free.
 - 2021 upcoming events: Introduction to Mindful Self-Compassion with Jill Goldstein 3-hour workshop in February; Tentative daylong workshop with Dave Smith on using Four Noble Truths in recovery sometime in first quarter of 2021; Inviting George Haas back for workshop with more focus on meditation;

Anti-Racism/Transformative Justice workshop in planning, reaching out to teachers; Proposed: Jess running a 2-4 hour workshop on Unified Mindfulness practice for recovery.

- o Goal is one event per 1-2 months.
- Unity (Jeremy):
 - o Call for help with this position, unclear what this position can do during COVID. Best idea is masked meditations in parks. Possible park karaoke. Goal is biweekly socially-distanced in-person meeting for fun and fellowship. Reach out to Jeremy to help at thebixbixler@yahoo.com. Newcomers are welcome to join committee.
- Communications (Vacant)
 - o No report

11:40-11:41 Treasurer Report (Gordon)

- \$2255 in bank account
- \$15 per month for Zoom
- Prior to taking out proposed \$450 for Jill Goldstein event

11:41-12:01 Meeting Check-in and Status Reports (Secretaries or proxies)

- Michael: Monday Friends of the Dhamma
 - o Going well, 20 people attending on average, people coming from different locations, 8-10 are regular Portland-area members, looking for another secretary for the meeting
- Darlene: Saturday Kaiser Beaverton
 - o Core regular 6-7 people, mostly from Portland area, have some money in treasury.
 - o There are 14 new Recovery Dharma books at Kaiser Tanasbourne, bell, cushion, and \$24 in Dana from previous Monday meeting
 - o Suggested to disseminate books to treatment agencies and donate \$24 to Intersangha
- Zanny: Women, Trans, Non-binary
 - o Attendance doing well, a lot from out of state, core membership from Portland fluctuates only 2-3 taking on service positions, Zanny currently facilitator and treasurer, between 5-15 attendees weekly, some money saved for going back in person and some donated to a different BIPOC organization each month
- Bryan: Dharma Rain
 - o Going well, attendance up since last meeting, 10-15 up to 20 each week, many from out of state, unclear on positions that need to be represented, the old regulars are not present
- JohnTony: Queer Paths
 - o Going okay but not great, over half are not from Portland, makes it difficult to pass on facilitator position, when we go back to in-person we may be starting from scratch
- Dick: Hood River meetings and Gorge Inquiry

- o 6-10 members in weekly meetings, 2-3 from out of state, sometimes residential treatment centers, talking about collecting Dana again and setting up a PayPal, sometimes do video visitation to local correctional facility to discuss the books, will likely create hybrid video/in-person when meeting eventually goes back to in-person. Gorge Recovery Dharma has a private Facebook group, they often post materials from the inquiry group there.
- Jeremy: Men's Meeting
 - o Going well, uptick in attendance, approximately 50% out of state
- Jess: 3 Jewels Mindful Movement
 - o Going okay, core of about 5 attendees, Jess is facilitating and a couple others can lead mindful movement, harder to recruit leaders when movement is involved, the person who started the meeting and had the connection at People's Yoga is gone indefinitely so unclear how they could go back to in-person eventually. Pretty small recently. Encouraging donation to Intersangha. Was just added to international directory yesterday so maybe more will show up.
- Jon: Saturday Meditation Sandwich
 - o Reserves are low due to paying for space at Alano club, Jon will pay out of pocket \$50 per month: Semi encourages to find donations and not pay out of pocket, Alano will reopen in February

12:01-12:36 Nominations and Elections (Semi, All)

Semi shares and reads document of position descriptions

Vacant or expired positions:

- Co-Chair: Bryan nominates himself, Jeremy seconds, majority votes
 - o **Bryan is new Co-Chair**
- Secretary: Hannah nominated Dawn, Michael seconds, majority votes
 - o **Dawn is new Secretary**
- Co-Secretary: Zanny nominates herself, Semi seconds, majority votes
 - o **Zanny is new Co-Secretary**
- Co-Treasurer: Scott nominates himself, Semi seconds, majority votes
 - o **Scott is new Co-Treasurer**
- Communications: Jon nominates himself, Semi seconds, majority votes
 - o **Jon is new Communications chair**
- Unity: **Jeremy volunteers to stay on as chair**
- Miscellaneous?
 - o Webmaster? Jon and Bryan can help, Semi will check with Kara about need to pass on Webmasters duties

12:36-1:00pm New Business

- Formal Intersangha vote to allocate \$450 to Jill Goldstein for Introduction to Mindful Self-Compassion event: **Approved**
- Jess: What is the process to get the teacher fee approved before she can confirm?
Contract with teacher: If we don't raise it through Dana, we don't give it to the teacher. But, if we have enough in Intersangha reserve, would we then give it to the teacher? This would be approved by the monthly Intersangha working group, only need to present to quarterly Intersangha if there is time before the event.
- Jess: If meetings are having a hard time attracting attendees, one way to increase local awareness of meetings is MeetUp.com. There may be a small fee, maybe \$7 a month, perhaps reserves could be used for this purpose. Dick reports Hood River meetings are listed in the Columbia Gorge Mindfulness MeetUp. Has attracted some attendees, not very many.
- Next quarterly Intersangha is April 17th 2021 11:00am-1:00pm

1:00pm Dedication of Merit and Adjourn