

October 17th 2020
Quarterly Intersangha Meeting
Recovery Dharma Portland, OR

Minutes:

11:00am-11:05am: Welcome -- Johntony

- Holding space for Dillon, call to reach out to others

11:05am-11:17am -- Meditation: Semi

- Mountain meditation

11:17am-11:38am -- Updates from Weekly Meetings

Not present at July intersangha:

- 3 Jewels yoga
- Heart of Wisdom: Not currently active
- Kaiser Brookside: Not currently active
- Kaiser Tanasbourne: Not currently active
- Monday Clackamas: Not currently active
- Hood River Wednesday
- Vancouver Thursday

Active meetings represented 10/17/20:

1. Sunday Queer Paths: Kavi
 2. Sunday Hood River: Joe
 3. Sunday 3 Jewels: Jess
 4. Monday Friends of Dhamma: Adrian
 5. Monday Dharma Rain: Bryan
 6. Tuesday Men's Meeting: Jeremy
 7. Wednesday Hood River: Joe
 8. Wednesday Women, Trans, and Non-Binary: Benny
 9. Thursday Vancouver: Semi
 10. Friday Forest Grove: None
 11. Saturday Kaiser Beaverton: Darlene
 12. Saturday Meditation Sandwich: Jon
 13. Saturday Trout Lake: Dick
- We have a 60% quorum (12/13 active meetings represented)
 - Semi: Please spread the word about Vancouver meeting, possible plans to meet in person at Recovery Cafe
 - Jon: Saturday Sandwich doing better, growing, up to 17 attendees, no plans to meet in person currently but holding the space at Alano
 - Joe: Hood River Wed and Sun, attendance good, attendees from out of town, 5-12 people
 - Brian: Dharma Rain average 7-13 attendees, doing well
 - Dick: Trout Lake Monthly Inquiry meeting, last 4 months planning hybrid meeting but postponed, hopefully hybrid of November 14th, growing in attendance
 - Benny: Women Trans and Nonbinary doing well, core group of PDX and out of towners, complications with physical space, not going back, giving Dana to racial justice organizations

- Darlene: Saturday Kaiser core 7-8 regular attendees plus out of town drop-ins, haven't discussed going back to in-person, Kaiser not considering in-person meetings this calendar year
- Jess: 3 Jewels Yoga (now Mindful Movement) in transition, core members leaving, service positions getting burned out, couldn't find committed yoga teachers, core group of 4 plus a few others 4-7 per week, 10 minute mindful movement + meditation, uncertain about physical space
- Kavi: Queer Paths more Portland regulars as well as out of towners, Kavi in process of transitioning out of secretary position and looking for new one
- Adrian: Friends of the Dhamma Dawn Metta 5-6 core members plus occasional others, doing well
- Jeremy: Men's Meeting low attendance, 50/50 out of towners, call to spread the word

Johntony: If secretary of meeting is changing, please send new email address to PDXIntersangha@gmail.com to change contact for meeting
Also, don't point people to National website spreadsheet of meetings to find PDX meetings, point them to RecoveryDharmaPDX.org

11:38am-11:44am -- Treasurer Report: Gordon

- PayPal is active and collecting Dana=\$249.99
- \$688.86 in On Point after buying books for outreach
- \$938.85 total
- Hoping to spend some money to host a speaker for workshop and other programs in the future, keep a prudent reserve for keeping Zoom account running, doing outreach like sending books
- Bryan has been using shortened URL for PayPal to post in meeting chat
- Everyone can find link to PayPal on RecoveryDharmaPDX.org

11:44am-11:48am -- January Intersangha Officer and Committee Chair Elections:

Johntony

- Explains history of system of having "co" officers positions in training who roll into positions such as Chair, Treasurer, and Secretary the following year, no election
- Only one "Co" position held now: Semi as Co-Chair. Co-Treasurer and Co-Secretary are vacant as well as program and committee chairs
- Call to think of stepping up or nominating persons for service positions for January elections, call to announce positions in meetings
- Position descriptions on website

11:48am-11:52am -- BIPOC Initiative Update: Jess

- Jess managing Google Doc including resources to support BIPOC community and anti-racism resources, Doc is on homepage of website
- Not aware of anti-racist working group meeting continuing
- Might be more opportunity to do larger-scale outreach next year in preparation for annual Sangha Summit

11:52am-12:27pm -- Outreach & Committee Reports

- **Semi: Outreach committee**
 - Intersangha voted to spend up to \$200 on books to send to residential SUD treatment, detox and correctional facilities, goal to increase knowledge of existence of our program, included labels pointing to RecoveryDharmaPDX.org, still working on sending approx. 2 books per facility

- **Michael: Wise Friends committee**
 - Past workshops: May 2020 Developing Peer Support in Recovery Dharma workshop; September 2020 Working Inquiries with Mentor or Group workshop.
 - Future workshops: Planned for December workshop on Mentorship Guidelines;
 - Scott started Inquiry group connected to Beaverton Kaiser, has met once, will meet again monthly, closed due to intimacy of group.
 - Kavi offers another small Inquiry circle.
- **Jess: Programs committee**
 - 1.5 day virtual immersive on meditation-based Relapse Prevention with George Hass Saturday 12/12-Sunday 12/13 (half day), can accommodate as many as want to attend; Recovery Dharma PDX would pay a fee upfront including attendee registration fees and fees from PayPal account. George Hass charging \$2000 for 1.5 days. 3 different sliding scale tiers for registration and hopefully scholarships.
 - Tier 1: \$100 x 10 people = \$1000
 - Tier 2: \$50 x 10 people = \$500
 - Tier 3: \$25 x 20 people = \$500
 - Scholarships available
 - Introduction to Self-Compassion with Jill Goldsmith
 - Lama Rod Owens possibly for 2021, but recommended Sadada Jackson for healing justice workshop early next year
- **Adrian: Communications committee**
 - Posting on Instagram, will promote upcoming events. Let Adrian know if you want social media promotion for your meeting. He also does newsletter, send him updates.
- **Jeremy: Unity committee**
 - No report

12:27pm-12:32pm -- New Business

- **Zanny-Accessibility on Zoom**
 - They are available for questions on how to make meetings more accessible for deaf/hard-of-hearing or blind attendees, for example closed captions for upcoming events, also how to work with different cognitive abilities and neurodivergent populations. Call to publish accessibility guidelines for website.

12:32pm-12:33pm -- Dedication of Merit: Johntony

12:34pm -- Adjourn